

Uplift Irondequoit Fall 2023 Newsletter

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Annual Appeal

Our annual appeal has officially kicked off! This will run until October 31st. In 2023-2024 we will be working on rebuilding our youth group for students in both school districts that are interested in substance use prevention. Our grants allow us to fund a number of activities but they have limitations especially with youth led programs. **With donations from community members like you, we will be able to fund our youth initiatives 100%. Our goal this year is \$5,000!**

If you are interested in supporting us you can visit our **2023 Annual Appeal Campaign** or send a check, payable to "Uplift Irondequoit" to,
Uplift Irondequoit
c/o Irondequoit United Church of Christ,
644 Titus Ave.,
Rochester, NY 14617

DEA Day

DEA Day will be on **Saturday, October 28th!** Find us at the Irondequoit Police Department from **10am-2pm.**

Accepting:

over the counter medication, prescribed medication, e-cigarettes, vapes

Not accepting: SHARPS

Learn more by visiting [our website](#)



Fall Events

We have several upcoming events where we will be tabling! Come stop by to chat and learn what we have been up to. If you are interested in tabling for any of these events please email Jay Baran at grants@upliftirondequoit.org.

| Event Name | Date/ Time | Location |
|-------------------------------|-----------------------------|---|
| City of Rochester Fall Fest | October 14th 11am-2pm | Parcel 5, 285 E Main St, Rochester NY 14604 |
| Harvest Moon Festival | October 14th 12-4pm | 216 Clifford Ave. |
| St. Paul Fire Dept Open House | October 21st 12-4-pm | 433 Cooper Rd., Rochester NY 14617 |
| Halloween Family Night | October 27th 5:30-7:30pm | Irondequoit Community Center |
| DEA Drug Take Back Day | October 28th 10am-2pm | Irondequoit Police Department |

Community Engagement

This year's **Community Engagement Report** has come out! This report details all our projects we've done throughout the year, such as Drug Take Back Day, our media campaigns, and our Early Conversations Training Kits.

Click Here to Read our report!



End of SOR



After four years we have reached the end of our **State Opioid Response (SOR) grant**. This grant has allowed us to create amazing partnerships with organizations that serve the City of Rochester. It has also allowed us to fund a plethora of projects such as **Child Care Council's Early Conversation Kits** which trains child care providers and parents/caregivers on how to teach young children coping and resiliency skills. **Child Care Council will continue to offer this training** online for other child care facilities and parents that are interested. **We produced four media campaigns** that focused on home safety and starting early conversations with youth about substance safety. **These are just a couple of the many successes we achieved with the SOR grant.** A big **THANK YOU** to all committee members that helped throughout the five years of this grant!

Mural contest

We have partnered with the Irondequoit Community Center to create a mural for the Game Room! We are holding a contest for the design and **taking submissions until October 18th**. The winner will get their mural painted in the Irondequoit Community Center Game Room and will receive a \$100 gift card! More details are in the flyer below. **Please send all submissions to dfitgether@gmail.com!**

Calling All Artists in Irondequoit

Community Mural Design Contest for the Game Room in the Community Center



Final submission Date: October 18, 2023

Painting to be completed by anyone in the community interested in helping during the month of November 2023 on Saturdays and Sundays at the Community Center. Students from East, West and BK are welcome as well as adults within the community to assist in the painting.

Submission requirements:

1. Include in your artistic message- a sense of inclusivity for ALL youth in the Town of Irondequoit. There is more than one way to think of inclusivity...be open and think outside the box.
2. All art work must be non-political.
3. It may have words but they are not required. Wording should be something like Better Together, One Irondequoit, or other generic inclusive messaging.
4. The design space is roughly 8 x 11 feet of indoor space.
5. Send submissions via email to dfitgether@gmail.com
6. Subject line should read: Uplift Community Youth Mural 2023
7. Include your name, address, email address and phone number. If you are a student include your school and grade level.

Submission and Selection Timeline:

- Contest submissions are due on or before October 18, 2023.
- Selection committee will convene during the week of October 23-31 and be comprised of persons from the Town of Irondequoit, Art Teachers, Uplift Irondequoit Coalition Members and students.
- Final selection will be announced by November 1, 2023.
- Painting will occur in November and December
- A final "unveiling/dedication" will take place in December 2023.

Winner of the contest will receive recognition with the final dedication of the mural and public recognition for this project. A \$100 cash prize will also be awarded to the final selection. We also ask that the winner be present for at least some of the painting process to ensure accuracy in how the design is portrayed.

"This project is made possible with funds from the Statewide Community Regrants Program, a regrant program of the New York State Council on the Arts with the support off The Office of the Governor and the New York State Legislature and administered by the Genesee Valley Council on the Arts"



Volunteer of the Month:

Uplift Irondequoit has begun choosing a Coalition Member every month to thank our dedicated volunteers for all the hard work they have done. Our first three Volunteers of the Month have been **Mayra Rodriguez, Brenda Campbell, and Parker Paige** - one of our student volunteers. Follow us on **Facebook** and **Instagram** to find our next Volunteer of the Month!



SafeZone Training

We are now offering Safe Zone trainings, thanks to our Special Populations grant! This training offers the opportunity to learn more about the LGBTQ+ community and make a safer, more inclusive environment for all. If you know of any organizations that would be interested in this training please contact **Melissa Safford** at coordinator@upliftirondequoit.org.



Seeking Board Members

Uplift Irondequoit is seeking new board members. If you are interested in becoming a board member or have questions as to what membership would entail, please contact our founder **Ginny Nacy** at vnacy723@gmail.com.

Back To School

It's Back to School Season and Uplift Irondequoit has been at various school open houses throughout September and will continue to attend them into October. We've been **connecting with parents and youth** about who we are and what we do as a coalition.

Throughout this school year we will be working with; PTSA groups to promote **family friendly activities**, each school district to have a **speaker** come to Dake Junior High and East Ridge Middle School, and **Irondequoit Youth to get engaged in our youth coalition**.

For more information please contact our Program Director **Vicky Beatham** at director@upliftirondequoit.org

New Emails

To reflect our recent name change, we have gotten new emails! Please contact us at the following emails:

- Vicky Beatham – Program Director: director@upliftirondequoit.org
- Melissa Safford – Special Populations Project Coordinator: coordinator@upliftirondequoit.org
- Megan Kelly – Data Analyst/Coordinator: analyst@upliftirondequoit.org
- Jay Baran – Grants Management Assistant: grants@upliftirondequoit.org

